

EST 1991

CAFE
FLORA

B R E A K F A S T

AVAILABLE UNTIL 2PM

Cinnamon Roll <i>topped with cream cheese frosting & maple toasted pecans</i> VEGAN, SESAME-FREE, AVAILABLE NUT-FREE	12
Dark Chocolate Pistachio Coffee Cake <i>served warm</i> GLUTEN-FREE, SESAME-FREE	6.25
Biscuits & Gravy <i>housemade mushroom country gravy served over either vegan rosemary biscuits or buttermilk biscuits (add a side of eggs* or seasoned tofu for \$6)</i> SESAME-FREE, CONTAINS NUTS, AVAILABLE VEGAN	10/17
Southern Platter <i>eggs* or seasoned tofu, garlicky greens & either a vegan rosemary biscuit or a buttermilk biscuit, topped with mushroom country gravy</i> CONTAINS NUTS, AVAILABLE VEGAN & SESAME-FREE	19
Garlic Ginger Noodle Bowl <i>sweet potato glass noodles, edamame, kimchi slaw, broccolini, red pepper & scallion in a garlic-ginger paste, with sesame-tamari sauce & togarashi cashews (add fried egg* or crispy tofu for \$3)</i> VEGAN, GLUTEN-FREE, AVAILABLE NUT-FREE	19
Summer Berry French Toast <i>brioche french toast with fresh strawberries & blueberries, passion fruit curd, cardamom whipped cream & pistachio streusel</i> SESAME-FREE, AVAILABLE NUT-FREE	17

S T A R T E R S

Yam Fries <i>served with cayenne aioli</i> VEGAN, GLUTEN-FREE, NUT-FREE, SESAME-FREE	9
Warm Kale Artichoke Dip <i>housemade kale artichoke dip topped with vegan mozzarella, served with grilled flora bakehouse sourdough</i> VEGAN, NUT-FREE, SESAME-FREE, AVAILABLE GLUTEN-FREE	16
Seasonal Soup <i>ask for today's selection</i>	7/10

S A N D W I C H E S

served with yam fries, substitute local roots salad, kale caesar or a cup of soup for \$2

Portobello Mushroom French Dip <i>grilled portobello mushrooms, caramelized onions & swiss cheese on a flora bakehouse seeded baguette with mushroom-garlic au jus</i> NUT-FREE, AVAILABLE VEGAN & GLUTEN-FREE	21
Italian Black Bean Burger <i>grilled house made black bean-almond burger, mozzarella, sun dried tomato jam, basil-walnut aioli, balsamic vinaigrette and arugula on a potato roll (add avocado for \$1.5)</i> SESAME-FREE, AVAILABLE VEGAN & GLUTEN-FREE	21

D E S S E R T

Strawberry Shortcake <i>strawberries, honey cornbread, whipped cream, basil, bee pollen</i> NUT-FREE, SESAME-FREE	14
USA vs Belgium Pavlova Pitch <i>flora bakehouse meringue, cherries, strawberries, blueberries, blackberry coulis, strawberry coulis, vanilla whipped cream</i> GLUTEN-FREE, NUT-FREE, SESAME-FREE	14
Coconut Cake <i>four layers of coconut cake with almond-coconut cream filling and cream cheese frosting with seasonal coulis</i> VEGAN, SESAME-FREE	14

Featured Local Farms

hayton farms, collins family orchards, alvarez farms, martin family orchards, local roots farm, foraged & found

Always In Partnership With Our Sibling Bakery
the flora bakehouse

BREAKFAST: 9AM - 2PM
LUNCH: 9AM - 5PM



Breakfast Platter <i>eggs* or seasoned tofu, garlicky greens, served with breakfast potatoes or cheesy grits</i> GLUTEN-FREE, NUT-FREE, AVAILABLE VEGAN & SESAME-FREE	18
Snap Pea & Romanesco Scramble <i>eggs* or seasoned tofu scrambled with snap peas, roasted romanesco, grilled bok choy, pickled shallots & halloumi, served with breakfast potatoes or cheesy grits</i> GLUTEN-FREE, AVAILABLE VEGAN & SESAME-FREE	18.5
Rancho Colorado Scramble <i>eggs* or seasoned tofu with slow cooked pinto beans, tomatillos, fresh chilis & sweet corn, topped with cotija cheese & corn tortilla strips, served with breakfast potatoes or cheesy grits</i> GLUTEN-FREE, NUT-FREE, AVAILABLE VEGAN & SESAME-FREE	18.5
Flora Bakehouse Sourdough Toast <i>served with seasonal housemade jam</i> VEGAN, NUT-FREE, SESAME-FREE	6.5
Flora Bakehouse Buttermilk Biscuit <i>served with seasonal housemade jam</i> NUT-FREE, SESAME-FREE	7

S A L A D S & T A R T I N E S

Local Roots Salad <i>local roots farms' little gem & red oak lettuces, mizuna and fresh herbs with manchego & sherry-miso vinaigrette</i> GLUTEN-FREE, SESAME-FREE, AVAILABLE VEGAN & NUT-FREE	9/16
Kale Caesar Salad <i>baby kale in a housemade caesar dressing, herbed croutons, parmesan & crispy capers</i> SESAME-FREE, AVAILABLE VEGAN, GLUTEN-FREE & NUT-FREE	9/16
Cobb Salad <i>romaine, roasted cherry tomatoes, avocado, hard boiled egg, smoked crispy rice paper, rogue river smoky blue cheese, red onion, red wine vinaigrette</i> GLUTEN-FREE,NUT-FREE, SESAME-FREE	17
Cherry & Farro Salad <i>roasted cherries, farro, sugar snap peas, arugula, marcona almonds, cherry-mint vinaigrette</i> VEGAN, SESAME--FREE, AVAILABLE NUT-FREE	16
Spring Pea Hummus Tartine <i>toasted flora bakehouse sourdough with spring pea hummus, whipped garlic, radish & pea vines, served with local roots salad (add fried egg* for \$3)</i> AVAILABLE VEGAN, GLUTEN-FREE & NUT-FREE	18
Oyster Mushroom Tartine <i>toasted flora bakehouse sourdough with garlic-marinated oyster mushrooms, charred onion-daikon cream & feta, served with local roots salad (add fried egg* for \$3)</i> SESAME-FREE, AVAILABLE VEGAN, GLUTEN-FREE & NUT-FREE	18

Strawberry Rhubarb Crisp <i>roasted strawberries & rhubarb, spiced oat crumble, served with sweet alchemy triple vanilla ice cream</i> VEGAN, GLUTEN-FREE, NUT-FREE, SESAME-FREE	14
Chocolate Croissant Bread Pudding <i>warm flora bakehouse chocolate croissant, callebaut bittersweet chocolate & caramel whipped cream</i> NUT-FREE, SESAME-FREE	14
Dark Chocolate Brownie Sundae <i>warm dark chocolate brownie, sweet alchemy triple vanilla ice cream, housemade fudge sauce & cacao nibs</i> VEGAN, GLUTEN-FREE, NUT-FREE, SESAME-FREE	14

*eggs are cooked to order; consuming raw or undercooked eggs may increase your risk of food borne illness

please inform your server of food allergies & dietary restrictions before ordering; our food is prepared in kitchens that contain dairy, gluten, nuts & soy