CAFE FLORA

cheese frosting

VEGAN, NUT-FREE



S M A L L P L A T E S —			
Bakehouse Focaccia warm flora bakehouse focaccia vegan, nut-free	6	Crispy Brussels Sprouts tossed in a maple-chili glaze vegan, gluten-free, nut-free	12
Yam Fries served with cayenne aioli VEGAN, GLUTEN-FREE, NUT-FREE	8	Harissa Carrots roasted carrots in a harissa-maple glaze with housemade dill-coconut yogurt & marcona almods VEGAN, GLUTEN-FREE, AVAILABLE NUT-FREE	12
Muhammara & Seared Halloumi	12	,	
muhammara & seared halloumi with a ginger-lime, fresh her and cucumber relish CONTAINS NUTS	rb	Warm Kale Artichoke Dip housemade kale artichoke dip topped with vegan mozzarella, served with grilled bakehouse sourdough VEGAN, NUT-FREE, AVAILABLE GLUTEN-FREE FOR \$2	15
Coconut Tofu Lettuce Wraps	14		
coconut-breaded tofu, romaine, fresh herbs, sweet chili vinaigrette VEGAN, GLUTEN-FREE, NUT-FREE		Seasonal Soup ask for today's selection	6/8
S A L A D S		M A I N S -	
Kale Caesar Salad baby kale in a housemade caesar dressing, herbed croutons, parmesan & crispy capers AVAILABLE VEGAN, GLUTEN-FREE & NUT-FREE	9/15	Tacos Dorados corn tortillas filled with cheesy mashed potatoes, served with black bean stew, garlicky greens, fire roasted salsa, lime crème fraîche & cotija cheese (add avocado for \$1.50) GLUTEN-FREE, NUT-FREE	24
Roasted Radish & Spring Onion Panzanella Salad roasted radish, spring onion, asparagus, mint, spinach & arugula with ricotta salata & pickled rhubarb, in avocadogreen goddess dressing, with bakehouse focaccia croutons NUT-FREE, AVAILABLE VEGAN & GLUTEN-FREE	18.5	Portobello Wellington grilled portobello mushrooms, mushroom pecan pâté & leeks baked into a puff pastry, served with mashed potatoes, creamy porcini-marsala sauce & roasted vegetabl contains nuts	26 les
Warm Kale & Farro Salad warm lacinato kale & farro tossed in a black garlic vinaigrette with oranges, ricotta salata & marcona almonds AVAILABLE VEGAN & NUT-FREE	16	Nettle & Ricotta Ravioli ravioli filled with nettles, dandelion greens, ricotta & walnuts in a roasted garlic cream sauce with rapini CONTAINS NUTS	28
S A N D W I C H E S served with yam fries, substitute a kale caesar salad or cup of soup for \$2			
French Dip grilled portobello mushrooms, caramelized onions & swiss cheese on a bakehouse seeded baguette served with mushroom-garlic au jus NUT-FREE, AVAILABLE VEGAN, AVAILABLE GLUTEN-FREE FOR \$2	18	Asparagus & Spring Onion Risotto creamy arborio rice, asparagus, spring onion, peas & roasted radish, served with a petite arugula-treviso salad in lemon vinaigrette VEGAN, GLUTEN-FREE, NUT-FREE	26
Italian Burger grilled black bean burger, mozzarella, sun-dried tomato jam, basil pesto aioli & balsamic tossed greens on a potato roll (add avocado for \$1.5) CONTAINS NUTS, AVAILABLE VEGAN, AVAILABLE GLUTEN-FREE FOR \$2	18		
D E S S E R T			
Golden Milk Crème Brûlée turmeric, ginger, cardamom, coriander & chaga custard, caramelized sugar GLUTEN-FREE, NUT-FREE	12	Basque Cheesecake rich & light-bodied basque cheesecake with a caramelized crust & kumquat marmalade NUT-FREE	12
Apple Rhubarb Crisp ginger roasted apple & rhubarb with spiced oat crumble & fu tilt vegan vanilla ice cream VEGAN, GLUTEN-FREE, NUT-FREE	12 //	Chocolate Brownie Coupe dark chocolate brownie, full tilt vegan vanilla ice cream, housemade fudge sauce & cacoa nibs VEGAN, GLUTEN-FREE, NUT-FREE	12
Coconut Cake four layers of coconut cake with coconut filling & cream	12		

please inform your server of food allergies & dietary restrictions before ordering, our food is prepared in kitchens that contain dairy, gluten, nuts & soy
*eggs are cooked to order; consuming raw or undercooked eggs may increase your risk of food borne illness